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July 1993
THE NAVAL POSTGRADUATE SCHOOL MAGAZINE
MONTEREY, CALIFORNIA

the classmate



Patriotism

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The Classmate Staff

Editor-In-Chief

Paulla Estes 649-3702
SMC 2330

Advisor

Cindy Gaitros 649-8858

Assistant Editor

Amy Converse 373-0423

Writers

Joie Brunger 384-7437
Todd Estes 649-3702
Susan Everingham 375-1926
Carolyn MacQuarrie 655-5744
Monica Maurasse 384-0117
Loralee Tapp 899-9759
Lizette Varner 754-2771
Tracey Vaughan 372-6977
Rebecca White 373-4713

Illustrator

Kellie Wallace 372-1666

Advertising Sales

Carol Jones 373-2750

Billing Director

Karla Simei 375-7262

Production Manager

Monica Maurasse 384-0117

Circulation Manager

Cheryl McGuire 646-0638

OSSC Phone 655-3351

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PATRIOTISM

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EDITOR'S CORNER

by Paulla Estes

This is as it should be. It is their right. Americans are used to change and as a result, we want more.

In honor of the Fourth of July, this issue's theme is Patriotism and it has been heartfelt in the making. Those who contributed have gone beyond what was assigned and put their feelings, their emotions, their true patriotism into these articles. Lizette Varner's account of several Cuban immigrants reminds us of what we so often take for granted. Tracey Vaughan's article on the American Dream gives us hope for the future. My husband, Todd, warns us in his article of the detriments resulting from the Pledge of Allegiance not being said in many of our children's schools. Joie Brunger's personal essay on why she became a commissioned officer is a tribute to the military and the women who serve in it.

This issue also gives us several history lessons. The writings of both the Declaration of Independence and the Constitution, two incredibly timeless documents, are esteemed by two of our writers.

Our Assistant Editor, Amy Converse, has written a detailed story of the changes our country has made in the way it celebrates Independence Day.

On a light note, we have the usual local activities for The Fourth and the whole month of July, and Monica Maurasse has compiled a list of great barbecue ideas for those of you cooking out this Independence Day.

This year, as we enjoy our picnics, cookouts, and parties, let's stop and think about the reason we are celebrating. We may disagree vehemently with our neighbor. He may have a religious belief we see as unusual. She may have a political belief we see as insane. But we are all in the same boat, standing behind the goals and dreams of our very diverse ancestors. Regardless of our color, our religion, our political outlook, our personal preferences, our looks, our height, our weight, our dreams; we are Americans, first and last. Celebrate the freedom to be just that.

As Americans, we hold a variety of opinions. This is our constitutional right. It is our right to voice our opinions and refrain from oppressing those who see the world through different eyes.

As Americans, we have a variety of heritage, to say the least. This is how our great nation was born. We have been described as a "melting pot"; a diverse mixture of nationalities and beliefs all having come together for a common goal - freedom.

American society has changed considerably over the last thirty years; some for the better, some for the worse, as is always the result of change. Today, Americans are speaking out against aspects of our country, our people, our government, with which they disagree.

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President's Message

by Faith Williston



Happy 4th of July and welcome back from the break. I hope everyone had a well deserved rest from the everyday stresses we've come to know so well!

First of all I would like to say thank you for your understanding about the Bargain Fair. We sure didn't want to postpone it but the weather did not help us a bit. I really appreciate Alena Peterson and Kari Tergeson for their efforts in making the sure all the sellers knew about the decision. They deserve a big pat on the back. I do apologize for the inconvenience!

At our member's meeting in June, the OSSC was able to give out the scholarships. It is always such a pleasure to be able to assist people in furthering their education. The details will follow in further issues of the Class-

mate.

I would like to remind OSSC members that the Member's Meeting in July will be on the 12th at 7:30 p.m. in the La Novia Room. We invite all spouses of NPS students to attend. At that meeting the slate of officers will be presented and in August we



will hold the election.

To finish off the summer, the OSSC has two great events coming up. The first will be the Wine Tast-

ing on August 13th. If you didn't know, we sold out of tickets at the door last time so please buy your tickets early. Also for your entertainment we have Cram-A-Lot/ Newcomer's Evening on August 19th. Look for more detailed information on these events in the August issue. I encourage you all to attend these events, they are a fun night out!

If you are interested in becoming a member of the OSSC or if you have any questions please feel free to call me at 655-5183.

OSSC MEMBERSHIP

The OSSC is the Officers Students' Spouses' Club of the Naval Postgraduate School for the spouses of all students. In addition to sponsoring monthly activities such as luncheons, OSSC also sponsors the Art Auction, Adobe Tour, International Students' Spouses Tea and many other Holiday events. Dues collected entitle you to member discounts as well as monthly Pink Flyers and the OSSC Directory. To obtain membership, fill out the form below and send it with a check made out to OSSC to: Laurie Kearns, 124 Brownell Circle, Monterey, CA 93940; SMC# 1922; phone# 375-5026. 1 year (4 quarters) = \$15.00; 18 months (6 quarters) = \$20.00; 1 year or more (8 quarters +) = \$25.00. This is a one time fee. The International Wives' Membership is free.

SMC # _____ New Member _____ Renewal _____ Active _____ Associate _____

Last Name _____ First _____ Phone # _____

Spouse's Name _____ Rank _____ Service _____

Curriculum _____ Graduation Date (month/year) _____

Address _____ City _____ Zip Code _____

Length of Membership _____ Amount Enclosed \$ _____

Are you interested in committee work? YES _____ NO _____ Volunteer? YES _____ NO _____

Would you like to participate in our club administration? YES _____ NO _____ Would you like a copy of the OSSC By-Laws? YES _____ NO _____

Do you wish to have your Name, Spouse's Name and Service, Address and Telephone Number in the OSSC Directory? (members only) YES _____ NO _____

Around The Bay

July 4 4th of July Parade, Monterey - 646-3866

A hometown flag-raising parade down Alvarado St. featuring marching bands, clowns, jugglers, military units, and more!

July 4 Chili Cook - Off, Salinas - 1-757-2951

Craftshow and chili cook-off contest. Horseshoe pitching, dancing, food and more.

July 4 Fireworks Display, Monterey Bay - 646-3866

Enjoy a spectacular display over Monterey Bay.

July 9 - 11 St. Mary's By-The-Sea Antique Show and Sale, Pacific Grove - 373-4441

This popular antique show and sale features 28 antique dealers exhibiting a wide variety of collectibles.

July 10 Sloat Landing Ceremony, Monterey - 372-2608

Commemorate the 146th anniversary of Commodore Sloat's landing

with laying of wreaths, military band performances and a gun salute.

July 15 - 18 California Rodeo, Salinas - 1-757-2951

America's best cowboys compete for world championship points on the wildest broncos and bulls in the country. Also trick riders, horse races and horse show competition.

July 17 - August 8 Carmel Bach Festival, Carmel - 624-1521

A three-week celebration of the music of J.S. Bach. Includes concerts, recitals, educational events, childrens' concerts at the Carmel Mission Basilica.

July 23 -25 Gilroy Garlic Festival, Gilroy - 1-842-1635

The garlic capital of the world celebrates with three days of food and fun. More than 80 garlic related food booths, four stages of live entertainment and arts and crafts booths are featured.

July 25 Annual Moss Landing An-

tique and Flea Market - 1-633-5202
Vendors from all over the West Coast display and sell their treasures.

July 31 - August 1 Monterey Bay Arts and Crafts Faire, Monterey - 649-0340

More than 100 artisans and crafts people will gather during the opening weekend of Monterey Bay Theatrefest to display and sell original works.

August 7 - 8 Annual Carmel Valley Fiesta, Carmel - 659-2038

A weekend celebration featuring food, games, music, parades, entertainment, arts and crafts and a Saturday night street dance.

August 7 - 8 Monterey Scottish Festival and Highland Games, Monterey - 636-3551

This traditional gathering of Scottish clans and families includes live bagpipe music, Highland and country dancing. Scottish food and athletic competitions.

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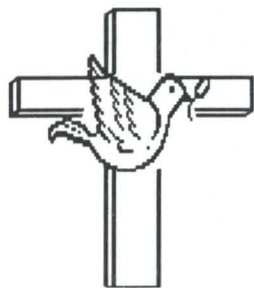
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La Mesa Women's Bible Study

La Mesa Women's Bible Study (LMWBS) is currently taking a summer break and will be resuming its Fall Quarter in September. LMWBS is sponsored by the Command Religious Program of the Naval Postgraduate School. Membership is open to all the NPS community. A variety of topics relevant to women's needs and interests are studied. Topics may include: marriage, practical Christian living, discipleship, prayer, and books of the Bible.

Groups meet every Thursday morning from 9:30 a.m. Low cost childcare is offered for infants through five-year-olds. If you would like more information please call Cheryl at 649-5690.



Strike Out!

With The Women's Bowling League

Would you like to "strike" out on your own? Could you "spare" some time for a little exercise and a lot of fun? Then have we got something for you! On Wednesday mornings a bowling league meets at Lincoln Lanes on Fremont Street in Monterey. Many of the ladies are first-time bowlers while others have been bowling for years.

Weekly fees are \$7. Seasons run quarterly, coinciding with the NPS schedule; so when the guys are off, so are we.

An end-of-season banquet (women only) will be held at some favorite eatery and cash prizes will be awarded.

For those of you who have children, a sitter is available for a limited number of children. The cost for this service is minimal.

Please call me, Donna Graham, at 375-6723 if you are interested in joining our league, which begins again on July 7th.

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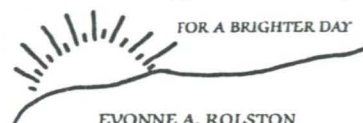
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Family Service Center News...

Relocation Assistance

The Family Service Center has a computerized system with relocation information on Navy and Marine Corps Bases. If you are moving, come to the FSC and ask to see the RAIS computer. For information call 656-3060/3141.

Parenting Workshop

The Family Service Center Family Advocacy Program has received special federal funds to sponsor Parenting Workshops. The first series on "Early Childhood Development" (birth - 12 years) continues with the final sessions from

8 - 10 p.m. on July 6 in Glasgow 113 and July 13 in Glasgow 103. The second series, entitled "Parenting Adolescents," will be held on eight consecutive Tuesday evenings from 8 - 10 p.m. beginning August 3 through September 21 in Glasgow 103. "Conflict Management/Resolution" is a four part series scheduled for Thursday evenings in Glasgow 113 from 8 - 10 p.m. starting July 8 through July 31. All the workshops are open to active duty, retirees and their family members. Registration is required. Call the Family Service Center at 656-3060/3141 for more information and registration.

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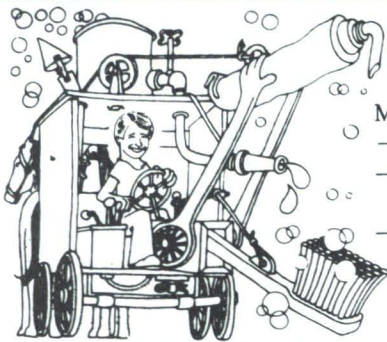


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Highlights of the La Mesa Residents As- sociation Meeting 8 June 1993

1. Playgrounds:

a. The playground assessments have been completed and forwarded to Public Works for action.

b. The new playground hours will be posted soon. The hours will be from 9 a.m. to dusk. Please be courteous to your fellow residents and observe the posted hours.

2. Recreational Vehicles:

a. Article 324 of the Public Quarters Brochure outlines the rules governing the presence of RV's in LMV. Briefly, they are only allowed on a short term basis; i.e. visitors, maintenance, temporary occupation during moving. Long term parking in carports, or designated parking is prohibited as an alternative to the parking of the RV in the designated area of the Golf Course.

b. MWR is planning to establish a secure storage area at the Golf Course. There will be a nominal fee associated with this service. During the interim, PW is improving the security at the current storage facility. Upon completion of the upgrade by PW, the Security Dept. will issue citations for infractions of Article 324 of the Public Quarter Brochure.

3. July Yard of the Month:

Congratulations to:

1. The Shaws 394C Ricketts Ave.
2. The Lewis' 1034 Spruance
3. The Normands 101 Moreel Cir.
4. The Smiths 591 Michelson Rd.
5. The Hazards 4 Biddle Lane

June Yard of the Month recipients:

1. The Kestles 394B Ricketts Ave.
2. The Fralicks 1005 Halsey Rd.
3. The Corbins 1202 Farragut Rd.
3. The Mihais 1204 Farragut Rd.
4. The Hurds 597C Michaels Rd.
5. The Robinsons 130 Shubrick Rd.

Keep up the good work! Beginning in July, the winners of the area YOM will receive two free movie passes from the MWR Office. If any resident has recommendations for this award, please contact your area representative with the applicable information.

4. MWR

The Family Pool Pass is available for \$60. The pool is now open and will remain open until Labor Day. Check with Pool or MWR Office for exact hours of operation.

5. Earthquake Preparedness:

The Red Cross will be sponsoring a two hour informational class on earthquake preparedness. The class will be held in late July or early August. More information to follow on class times and locations.

6. Slurry Road Seal:

All roads in LMV will have a slurry seal placed on them during the month of August. This process will take a couple of days to complete and we will receive a 30 day notice prior to work commencing.



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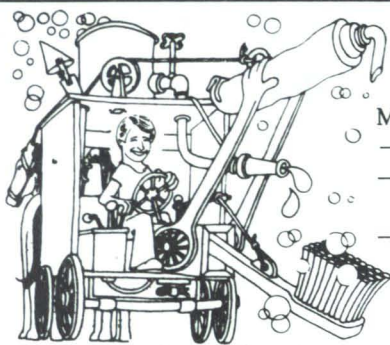
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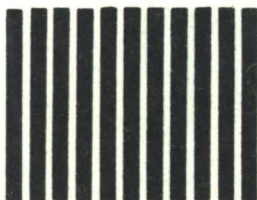
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8.00	9.56	8.36	7.34
8.25	9.71	8.52	7.51
8.50	9.85	8.68	7.69
8.75	10.00	8.84	7.87
9.00	10.15	8.99	8.05
9.25	10.30	9.16	8.23
9.50	10.45	9.32	8.41
9.75	10.60	9.49	8.59
10.00	10.75	9.65	8.78
10.25	10.90	9.82	8.96
10.50	11.06	9.98	9.15
10.75	11.21	10.15	9.34
11.00	11.37	10.32	9.52
11.25	11.53	10.49	9.71
11.50	11.69	10.66	9.90
11.75	11.85	10.84	10.09
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7. Falcon Cable:

The only way to change the cable company serving LMV is to document non-performance. Please document any problems you have with Falcon Cable. New forms for this are available in the Housing Office or contact Kathy Negelspach at 372-7604.

8. NEX:

The Espresso Bar has opened! It is located in the quad at the end of Root Hall, near Ingersoll Hall.

9. Red Cross:

The Red Cross located at Fort Ord needs new volunteers. They offer a youth summer volunteer program that is wonderful. After hours emergency workers are also being sought. (The after hours worker is a paid position.) For more information contact Cindy Martin at 646-8910.

10. Channel 4:

Channel 4 has been reassigned to channel 34. Keep watching for new information. The new reader board should be installed soon.



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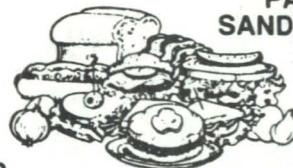
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Special Events

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Tuesday, July 13, 3 - 3:45 p.m.

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Wednesday, July 21, 2 - 2:45 p.m.

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Saturday, July 31, 2 - 2:45 p.m.

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slower than men.

The genders are also close in equestrian events. In other sports, men far exceed women, e.g. weight lifting, where the strength of muscle is proportional to its cross-sectional area.

Women's muscles are naturally smaller because they have less testosterone in their body than men, thus, less muscular strength. The recent popularity of anabolic steroids (synthetic testosterone) has made it possible for women to develop far more muscle than is natural based on God-given testosterone.

Yet, women are disadvantaged by more than a natural shortage of testosterone. Consider the following:

1. Smaller lung capacities. (This is an insignificant factor in aerobic exercise because the muscle mass being serviced is also smaller.)
2. Decreased cardiac stroke volume. Result: reduced maximal cardiac output, reduced oxygen trans-



5. More subcutaneous fat. greater tendency to overheat. given women have internal (core) temperature than men. Women surely must have more fat to survive famine, and the extra fat is the "natural

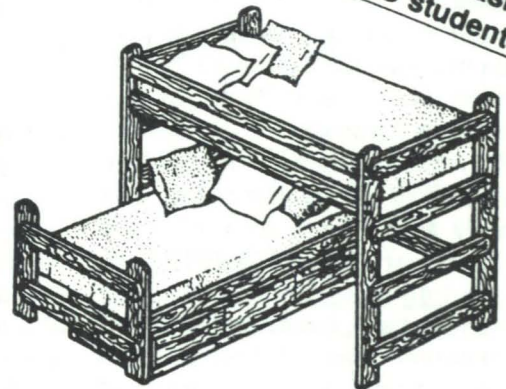
tage" to that end. The trouble with greater insulation (fat), more heat storage and less dissipation. This increase in temperature hinders aerobic ability.

In general, (yes, there are exceptions), women are disadvantaged in terms of lung capacity, cardiac volume, hemoglobin concentration, capillary density, and core temperature compared to men.

These gender differences amount to about 20% in most aerobic activities but it would be a serious mistake to underestimate any woman at especially one who is challenging statistically derived conclusions about physiological limitations.

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Barbecuing Monterey Style

by Monica Maurasse

For those of you who love or enjoy an occasional backyard barbecue and are ready for a few new recipes, help is on the way. I would like to share three great original and simple barbecue recipes with you from the OSSC cookbook, Cooking With NPS Style. Also, if you're more inclined to have an indoor barbecue, I've included one recipe you can prepare in the comfort of your own oven or can try on one of our often prevalent foggy summer days.

Seafood Kebabs with Lime-Dill Butter

by Trish Kitchen, p.69

2 1/2 lbs. large prawns
1/4 lbs. scallops
4 limes, cut in wedges

For more information, visit our website at www.nps.org. We have native props, storytelling, mime, puppetry, slapstick, and more! This

Lime-Dill Butter

2 egg yolks
1 tsp. lime rind, grated
1 tbsp. lime juice
4 oz. butter
1 tbsp fresh dill, chopped

Peel and devein prawns, leaving tails on. Thread prawns, scallops and lime wedges onto skewers. Barbecue until cooked. Serve with Lime Dill Butter. Lime-Dill Butter: Place egg yolks, lime rind and juice in top of double boiler, stir over simmering water, 1 minute. Whisk in small pieces of softened butter gradually; whisk until sauce thickens. Remove from heat; stir in dill; cool at room temperature. Serves 6.

He also participated in a play that he wrote with his storytelling. Last year an 8 year old boy laughed so hard

Barbecued Chicken

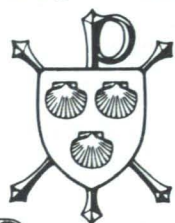
by Jane Angus, p.60

3-4 lb. frying chicken
1/2 c. butter or margarine
1/4 c. fresh lemon juice
2 tbsp. horseradish
2 tbsp. vinegar
3 tbsp. ketchup
2 tbsp. salt
1 1/2 tsp. Worcestershire sauce
3/4 tsp. Tabasco sauce

Clean chicken; place skin side down in baking dish. Put all other ingredients in saucepan; bring to a boil. Pour mixture over chicken. Bake at 350 for 30 minutes; turn chicken; bake another 30 minutes or until done.

If you would like a copy of the cookbook, call Dana Burton at 375-4004. For more information call 375-4004.

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Health and Fitness Athletic Gender Differences

by Jay C. Cook, D.C.

In 1988, one-third of high school and college athletes were women, compared to only 7% in 1972. One might ask, "Is a woman likely to become the fastest or the strongest in track and field events... or tennis events... or whatever?" The answer is that when compared to men, most women are at a disadvantage in terms of strength or endurance.

In some sports, the genders are close to one another; for instance, swimming, in which women are only 8% slower than men. The genders are also close in equestrian events. In other sports, men far exceed women, e.g. weight lifting, where the strength of muscle is proportional to its cross-sectional area. Women's muscles are naturally smaller because they have less testosterone in their body than men, thus, less muscular strength. The recent popularity of anabolic steroids (synthetic testosterone) has made it possible for women to develop far more muscle than is natural based on God-given testosterone.

Yet, women are disadvantaged by more than a natural shortage of testosterone. Consider the following:

1. Smaller lung capacities. (This is an insignificant factor in aerobic exercise because the muscle mass being serviced is also smaller.)
2. Decreased cardiac stroke volume. Result: reduced maximal cardiac output, reduced oxygen trans-

port and a significant reduction in aerobic performance.

3. Decreased hemoglobin concentration in red blood cells. Result: reduced oxygen carrying capacity, and again, reduced oxygen transport and a significant reduction in aerobic performance.

4. Less capillary density: lower number of capillaries per square area of muscle tissue. Result: again, a reduced oxygen delivery to the working muscles with resulting

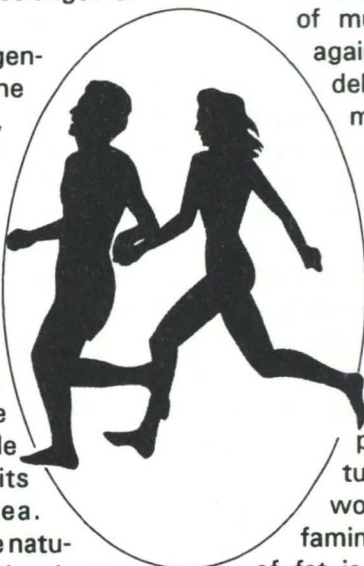
reduction in capacity. dipped to

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These gender differences amount to about 20% in most aerobic activities but it would be a serious mistake to underestimate any woman at especially one who is challenging statistically derived conclusions about physiological limitations.



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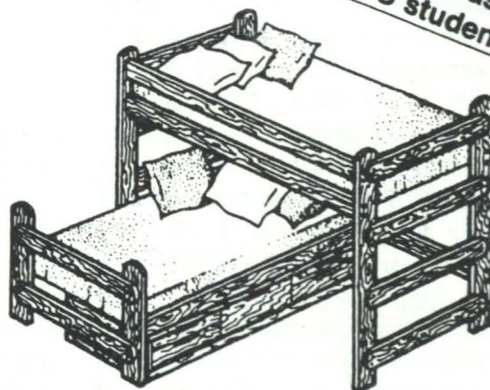
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American Freedom

by Susan Everingham

With all the bad news we hear each day I am still thankful to live here in America. I was a very fortunate youngster because my mom felt travel was one of the best ways to get an education. In my travels I was exposed to different cultures and languages, German and Scandinavian being my favorites.

In high school I was involved in an exchange program with a German Gymnasium. For six weeks I stayed with a family in Marburg, Germany. I drank fantastic beer, ate wonderful food, shopped in beautiful and historic towns, and met the most wonderful people.

One thing I was not expecting was to be exposed to a concentration camp called Dachau. After 1/4 lbs. scallops, 4 limes, cut in wedges native props, storytelling, mime, puppetry, slapstick, and more! This

here are a few:

- We can travel any where we want without answering to anyone.
- We can read any book, newspaper, or listen to the radio and television without fear of censorship.
- We can go to any church or temple.
- We can believe in any God.



- We can bear as many children as from neat; The list is endless. Our temperaturs were amazingly astute vates with the constitution and still an 8 year appropriate for our time. Most of us, our spouses or rselves are serving in the orces of the good old U.S. ve seeing the patriotism we very day with the Star

Spangles Banner playing and the Flag waving at every ceremony. All these things bring a tear to my eye because I have such a wealth of feelings and pride in America.

Granted, we have problems here too. Violence, drugs, senseless waste, prejudice, environmental tragedies, politicians making decisions we might disagree with. However, we are still fortunate to be Americans.

Have you ever awakened at night thirsty? Did it occur to you how lucky you have it to be able to quench that thirst? Did you ever think about what a luxury it is to go to the grocery store and get what you need? The shelves are fully stocked, just waiting for you to pick and choose what you want. Think about Russia or Bosnia where the shelves are not so full, where quenching your thirst is not as easy as turning on a faucet. I never thought about America in this way before. Lets not take our freedoms for granted. Be proud to be in the best place in the world!

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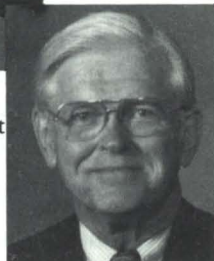
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Edwin Aldrin placed it on the moon.
In 1964, Congress passed a law defining the misuse of the Stars and Stripes and the punishment for those found guilty:

Whoever knowingly casts contempt upon any flag of the United States by publicly mutilating, defacing, defiling, burning, or trampling upon it shall be fined not more than \$1,000 or imprisoned for not more than one year, or both.

During its long history, many customs and traditions have developed regarding the proper display and usage of the flag. The armed forces have issued their own regulations to insure uniform respect for the flag. In 1923, representatives from business, patriotic and civic groups drew up a national code prescribing the correct manner of displaying and respecting the flag of the United States. In 1942, this became federal law.

Here are a few of the rules and

regulations:

1. Display the flag only from sunrise to sunset in the open. The flag may be displayed at night on special occasions for a patriotic effect.
2. The flag should be hoisted briskly and lowered ceremoniously.
3. The flag should not be displayed on days when the weather is inclement.
4. The flag should be displayed during school days in or near every school.
5. The flag should be displayed near every public institution.
6. The flag should be at center and highest point of a group when a number of flags are displayed.
7. When flown at half staff, should be first hoisted to the peak for an instant, then lowered again to half-staff position. The same when it is lowered.
8. The flag should not be dipped to any person or thing.

9. Display with the union down should only be a signal of dire distress.

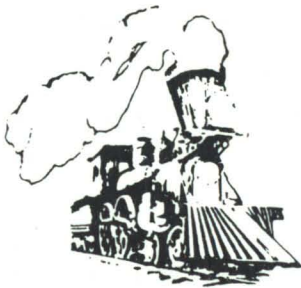
10. The flag should never touch anything beneath it.

11. The flag, when in condition that it is no longer a fitting emblem for display, should be destroyed in a dignified way, preferably by burning.

12. The flag should be displayed on all days, weather permitting, especially on national holidays.

This year, as we celebrate Independence Day, keep in mind the long road our flag has travelled to reach the grand status it receives today. If you or someone you know has neglected the rules or codes of conduct established for our flag, let this be a reminder that we must revere and respect our beloved symbol of freedom.

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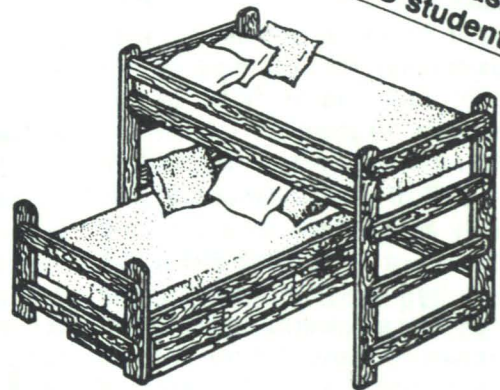
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The Fourth of July *An Evolution of Celebrations*

by Amy Converse

Why do we celebrate the **FOURTH** of July and not the **SECOND** of July? July 2nd was the day they voted for independence, but Congress spent the fourth debating the wording of the Declaration and formalizing the resolution they had passed.

Philadelphia naturally heard about it first and on July 8th, the Declaration was read in the yard of the Pennsylvania State House. Bells rang, militia paraded and fired salutes, and as night fell, a frenzied group burned the King's heraldic arms. Once the other colonies heard about Philadelphia's wild celebration, every colony burned symbols of the King and created huge bonfires. The most notable "burning" took place in New York. The people of New York pulled down a handsome, life-size equestrian statue of King George III (made of gilded lead on marble pedestal), dismembered it, and sent it to Connecticut to be melted down and made into (approximately) 42,000 lead bullets which were later fired at his Majesty's troops!

For most Americans, the first anniversary of Independence Day was merely another day in a long and difficult war. Only a handful of patriots had the foresight to see America as a powerful and independent nation. Many of those patriots were members of the Congress so they decided to hold a dinner celebration. John Adams was a great admirer of military "spit and polish" and greatly appreciated the display of ships lined up in the Philadelphia harbor. They saluted him with thirteen guns and then requested his presence aboard for an elaborate dinner. A very popular tradition began that night: thirteen formal toasts in honor of Independence Day. The wording and order of the toasts was

prearranged and printed on the program. Each toast was followed by a thirteen-gun artillery salute; and it was considered an honor to be selected to give a toast. Of course, many spontaneous toasts followed, which inevitably led to many wild "joyful" celebrations.

By 1812, there still was no government statute to mandate or standardize the Fourth of July holiday. Regardless, it was considered an important holiday and few towns



allowed it to pass without recognition. In the early 1800's a pattern of celebrations developed. The day was ushered in with the ringing of bells and the boom of cannons (15 times for 15 states). The militia drilled on this holiday and this was quite a lively public event! After a reading of the Declaration and numerous speeches, important public figures led a procession to a public hall for the formal toasts and dinner celebration. At this time, America was an agrarian society, innocent of the notion of temperance. It was not unusual to see merchants, Ministers, and statesmen "lifting a cup" with farmers and travelers. Spontaneous toasts could number up to 40 an evening followed by huge quantities of ale, cider, wine, rum, or

whiskey. The celebrations lasted well into the evening and afterward, the men staggered home to sleep it off. The age of "teetotalism" would change the type of celebration, but before that, America had yet to celebrate the 50 year Jubilee and mourn the passing of two great men.

As the Fourth of July, 1826 approached, Americans felt they truly had much to celebrate. Thirteen colonies had become a nation of 24 states and the U.S. could boast 50 years of democracy and independence. Only a few men were left who had taken part in the signing of the Declaration. John Adams, the prime spokesman for independence, was 91 years old and Thomas Jefferson, author of the Declaration of Independence, was 83 years old. The Jubilee was celebrated in honor of these heroes and their co-patriots. Adams and Jefferson, who had also collaborated on the creation of the Declaration of Independence, had gone on to lead rival political parties; however, in their old age, they had put their political difference behind them and once again became good friends. Both were unable to take part in the festivities but sent letters of regret which were reprinted in every newspaper. President John Quincy Adams commented on the "strange and striking coincidence" that occurred on July Fourth, 1826: Thomas Jefferson died at 1:00 p.m. and John Adams passed away at 6:00 p.m. on the evening of the 50th anniversary of independence. America was stunned, immediately interpreting the deaths as "... visible and palpable" manifestations of 'Divine favor' towards John Adams, Thomas Jefferson, and the nations they had created."

Today fireworks are an expected

part of any Fourth of July celebration, but there are no indications that fireworks were central to early nineteenth century celebrations. When John Adams' famous letter on July 2nd predicted anniversary celebrations "...with bonfires, and illuminations" he was not referring to fireworks but to a quaint custom of illuminating public places with candles. At that time, the effect was dramatic and made a big impression - because streetlights were not commonplace.

Several decades later, fireworks, gunpowder, and noisemakers were prominent features of the Fourth. They were so popular that newspapers wrote, "Fires, death, and mutilation caused by misfiring or exploding guns and cannons were a predictable part of the annual celebration!" Why? Men and boys spent the day firing anything they could find. Guns were everywhere and if a boy could not use the household gun, he was presented with little two pound cannons filled with gun-

powder. So, folks shot gun-pieces throughout our lives: a baby is born, an award is given, the first home eventually becomes a reality, a couple of years with really good friends, holidays with families. The American Dream happens in fragments, like dreams do, but its there and it will come back again and again, if we just open our eyes and see that it's been there all along.

the war. On the other hand, the Southern Blacks, for obvious reasons, despised the irony of an "independence" holiday until 1865. On that day, they celebrated their new freedom openly and joyously.

As the nineteenth century drew to a close, again Fourth of July celebrations declined. If not for the initiative and persistence of the Philadelphians, the Centennial would not have been celebrated in grand style on a national level. They wanted a huge exhibition, similar to the World Fair, to demonstrate to the world their industrial and cultural success. There was a thirteen gun salute at sunrise and a thirty-eight gun salute at noon. The new



After World War II, a proud and deeply nationalistic America once again celebrated the Fourth of July with enthusiasm. We had a 3-day weekend and Americans filled the long summer days with anything from dog show to auto races...anything to fill the holiday - until the municipal fireworks began at nightfall!

As we came upon the 200 year celebration, there was a marked difference in attitude. The Bicentennial was very different from the Philadelphia Centennial extravaganza. John Warner headed the new Bicentennial Administration and decided (out of necessity) to do a "grass-roots" celebration. It was to be composed of hundreds of small scale, local celebrations. Towns and cities re-enacted battles, staged impressive parades, and restored old buildings. Despite the national government's reluctance to celebrate on a grand scale, the efforts of millions of Americans made the Bicentennial a huge success.

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The American Dream -- Is it out of reach?

by Tracey Vaughan

Ask ten people what the American Dream is and you're likely to get ten different answers. Some say a home of their own and a family to share it with. Some say political and religious freedom. For others, it's the opportunity to do whatever they want -- or don't want -- to do with their lives. If we traveled back in time a few hundred years and talked to our ancestors -- the myriad of immigrants who set sail for America each year -- the word "America" itself was a dream, an exciting new place where anything was possible.

Whatever each individual definition may be, how attainable is the American Dream? Does it fade away when we wake up to the harsh light of reality?

Military families, in particular, share a unique paradox. Members of the armed forces swear to uphold some, life-size equestrian statue of King George III (made of gilded lead on marble pedestal), dismembered it, and sent it to Connecticut to be melted down and made into (approximately) 42,000 lead bullets which were later fired at his Majesty's troops!

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and defend the Constitution of the United States, which spells out the rights and privileges Americans hold so dearly. In this way, military families have a special responsibility for insuring the American Dream is always within reach. And yet for many such families, the American Dream may often seem just out of reach. Frequent moves, uncertain deployment schedules, long separations, too many good-byes with family and friends. These factors can contribute to the feeling of being unsettled, disconnected, with no place to plant roots and grow.

Purchasing a home is a dream of most Americans. Military families find themselves debating on the wisdom of buying a home in an area where they'll only be living for two or three years. Many military families end up asking themselves, "will



allowed it to pass without recognition. In the early 1800's a pattern of celebrations developed. The day was ushered in with the ringing of bells and the boom of cannons (15 times for 15 states). The militia drilled on this holiday and this was quite a lively public event! After a reading of the Declaration and numerous speeches, important public figures led a procession to a public hall for the formal toasts and dinner celebration. At this time, America was an agrarian society, innocent of the notion of temperance. It was not unusual to see merchants, Ministers, and statesmen "lifting a cup" with farmers and travelers. Spontaneous toasts could number up to 40 an evening followed by huge quantities of ale, cider, wine, rum, or

depressed housing costs cause us to lose money when we transfer?" "how can we afford a house unless we both work?" "What about the cost of childcare?" Deployments mean that for several months of the year, one parent runs the family, making it difficult to pursue a career and raise a family at the same time. Many families do manage the resources to find homes and either find buyers when they move, or keep the house as an investment. Others find themselves discouraged, and continue to live in base housing or rentals.

The American Dream may appear dim at times, but then we turn on the television and the radio or open the newspaper. Brothers killing brothers in eastern Europe. Apartheid in South Africa. Religious wars in the middle east. Millions starving. The Jubilee was celebrated in honor of these heroes and their co-patriots. Adams and Jefferson, who had also collaborated on the creation of the Declaration of Independence, had gone on to lead rival political parties; however, in their old age, they had put their political difference behind them and once again became good friends. Both were unable to take part in the festivities but sent letters of regret which were reprinted in every newspaper. President John Quincy Adams commented on the "strange and striking coincidence" that occurred on July Fourth, 1826: Thomas Jefferson died at 1:00 p.m. and John Adams passed away at 6:00 p.m. on the evening of the 50th anniversary of independence. America was stunned, immediately interpreting the deaths as "... visible and palpable" manifestations of 'Divine favor' towards John Adams, Thomas Jefferson, and the nations they had created."

Today fireworks are an expected

in dozens of third world countries where a full meal and a soft bed each day is not just a dream but heaven.

We hear complaints about our government, our health care system, our environment. And while we read about the volunteer organizations saving the wildlife in Monterey Bay, somewhere in the world a mother is struggling to save the lives of her children. We hurl insults at our President, stage protests for what we consider unjust, and fight in court for violated rights -- and the most beautiful, inalienable principle in this country, the basis for any American Dream is this: *we can*.

Our immigrant ancestors were right. America *is* a country where anything is possible. The American Dream is still there and it is still attainable. *We can* make it happen. *We can* make it a part of our lives, but it's not likely to be realized in story-book detail. For most of us, it will probably come to us in bits and pieces throughout our lives: a baby is born, an award is given, the first home eventually becomes a reality, a couple of years with really good friends, holidays with families. The American Dream happens in fragments, like dreams do, but its there and it will come back again and again, if we just open our eyes and see that it's been there all along.



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AMERICAN FREEDOM - FROM AN IMMIGRANT'S POINT OF VIEW

by Lizette Peredo Varner

They come on rafts braving sweltering heat, sharks and the thought of never making it. Boats billow at the sides, full of people who have paid their life savings for a chance. One person lands a private plane on a busy highway to whisk his family away.

What makes people take such life-threatening chances to get from Cuba to the United States? What do we have here that holds such hypnotic power?

Sometimes working 40+ hours a week, paying taxes and worrying about health care tarnishes the novelty of freedom. It is an easy concept to take for granted.

But, those who risk everything know it is available. The freedom

not to be thrown in jail without reason. To be able to speak freely, even if it is against the government. To believe in causes. To choose and vote for a candidate. Even jury duty...to be in a country so free it allows its citizens to be judged by a jury of their peers.

Julia Peredo arrived here in the 1960's. She and her husband left Cuba because they sensed future conflicts with the government. It had already taken away the hardware store they owned.

We shop in grocery stores where almost everything is available. We can start a business, obtain an education and own a car...all perks of

the American system.

Agustin Estrada and his wife Zoila came to this country in 1961. This is his home, where he raised his children, where he plans to die. He loves this country. Even if Cuba becomes free one day, he will not return because he is an American.


When he first arrived in Florida, Agustin never locked his doors. He could return at the end of a day or a weekend and find notes on his kitchen table from people who had stopped by for a visit. No one thought about crime. Now he worries about crime and gangs and believes our government should take stronger action against criminals. It is a topic that deeply concerns him.

He fiercely defends his adopted

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homeland and believes those who criticize the government should be sent back to where they came from. But he pauses and recalls the anti-Castro slogans he painted while in Cuba in the dead of night and realizes his disagreement with communism is the reason he is here. Every citizen should have a right to his own opinion.

Julia Peredo arrived here in the 1960's. She and her husband came to the United States from Cuba because they sensed future conflicts with the government had already taken away the future of the store they owned.


She is grateful to be in a country that received her with open arms. It gave her what she needed to survive and make this new, strange land her home. "We are not rich, but we live well," she says. "In Cuba they are eating cats."

She is proud to be an American citizen. Although only a Spanish speaker, she took and passed the citizenship test in English. Her citizenship card is proudly stored in a special place. Recently, her son showed her his beaten up, mangled card and she proudly presented hers, still in mint condition.

The Mariel boatlift took place in 1980. It brought about 100,000 refugees to the Florida shores. When Castro saw how many people were leaving, especially well-educated, "good" people, he began sending people from prisons and mental institutions. It would have embarrassed Castro and the Cuban government if the world knew how many people were so dissatisfied with his government that they would risk all to reach Florida.

Guillermo and Carmita Hernandez jumped at the chance to leave Cuba. For them it was a dream come true. They were on their fifth try to leave the country legally since 1961.

Guillermo believes a number of the "good" people left before Castro officially recognized what was hap-



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AN IMMIGRANT'S POINT OF VIEW

by Lizette Peredo Varner

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We shop in grocery stores where almost everything is available. We can start a business, obtain an education and own a car...all perks of

ring. When he finally did, he can to send what he considered um." Guillermo and Carmita were to buy "scum" files, papers ring them as political dissidents. ple were pretending to be crimi- i and homosexuals, practicing routines while in line to the the Arts. Guillermo hoped no one would recognize him from the uni- came t city where he worked and realize his hor family's papers were false. It is dren, racle the Hernandez family made loves America. become the U.S., the family copes with return stigma of being "Marielitos." Whenough Guillermo estimates only Agustir 5% of the immigrants were could r prisons, mental institutions or a week the media branded the entire kitchen p. Guillermo's and Carmita's stoppe ren do not tell friends they thought e during Mariel. They are ries aamed. Guillermo and Carmita believe proud.

strongarmita believes her family has a is a tore now. People do not realize He great opportunities available to m here, she says. They should exercise their right to vote and play a role in the future of the U.S. "We need to safeguard the freedom available here," Guillermo says. "If you've been through what we have, you would understand."

In the hustle and bustle of everyday life, it is easy to forget about our rights. And though we may not like taxes, crime or some laws, the power is in our hands. We must vote, take part in the political process, take control of our streets and get involved to change what we think is wrong. In a world full of turmoil, we can still grasp onto an oasis...freedom.

The author's parents were immigrants from Cuba in the 1960's. They now revere their American citizenship.

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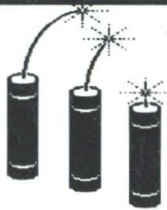


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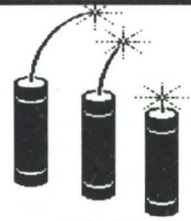
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The Declaration of Independence

by Joie Brunger



Even as late as 1775, historians agree that a majority of colonists wanted to maintain ties to the government of King George III. But his parliament seemed intent on passing tax levies and judicial regulations that made life in the colonies unworkable. Gradually, a group of colonists came to the conclusion that the only solution was to do what had never been done before in the history of the world: break away from their mother country and form a separate nation. The audacity of this new idea cannot be overstated.

The Second Continental Congress, although dominated by those seeking independence, was in no way unified on the issue. John Adams, a delegate from Massachusetts, was the loudest and most vehement advocate for independence. His stridency on the issue strained relations even with those who shared his opinion. Knowing that he would never be able to put together a coalition necessary to pass a resolution for independence, he convinced a popular delegate from a moderate colony to make the proposal.

So it was that on June 7, 1776, Richard Henry Lee of Virginia formally introduced the resolution to the Continental Congress that "these united Colonies are and of a right ought to be, free and independent states." On June 11, the congress formed a committee to draft the document that would establish the United States of America.

The Declaration of Independence itself was adopted July 4. All but three of the signatures were inscribed by August 2, and John Hancock did indeed sign in large, bold letters to insure that King George III, with his poor eyesight, would see Hancock's name.

Thomas Jefferson considered his

authorship of the Declaration one of the three most worthwhile accomplishments of his life (the other two were writing the Virginia Statue for Religious Freedom and founding the University of Virginia). The Second Continental Congress made many changes to the original document. Of particular concern to Jefferson was the deletion of two passages that Jefferson considered the most important in the entire work. Removed from the Declaration was, first, a strong statement against slavery, and, an emotional diatribe against the British people for "reestablishing in power" those parasites in English government who fed off the colonies.

Yet one other change came not from the Congress, but from Jefferson himself. *"We hold these truths to be self-evident: that all men are created equal; that they are endowed by their creator with certain inalienable right; that among these are life, liberty, and the pursuit of happiness..."* This idea is based on John Locke's Second Treatise on Government, written in 1689, almost a hundred years before. But Lock had defined man's natural rights as "life, liberty and property."

There are two theories concerning the substitution of "happiness" for the property in this most important phrase. One of them is that Jefferson was influenced by Scottish philosophers who wrote eloquently on the definitions of virtue, beauty and happiness. The other, which I find more plausible in light of Jefferson's pragmatic approach to politics, is that because Jefferson sought to include slaves as citizens and because slaves were prohibited from owning land, he could not include the word "property" and still include in his Declaration of

Independence the people he sought to free with the founding of the new nation.

There were many other competing ideas, of course. Abigail Adams, John Adams' wife, wrote him often and extensively, urging him to include women's property and voting rights in the document. John Adams joined Jefferson in arguing for the repeal of slavery, promising trouble "a hundred years hence" if the issue were left to fester. But the Declaration of Independence did not repeal slavery. The Civil War was fought a hundred years later, and today, the Declaration of Independence stands as a triumph of common sense and compromise.

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The Importance of the Pledge of Allegiance

by Todd Estes

"I pledge allegiance to the flag, of the United States of America. And to the republic for which it stands, one nation, under God, indivisible, with liberty and justice for all."

What do these words mean to you? My son attends kindergarten in a local school where they do not say the pledge of allegiance. In this age of freedom of expression, where flag burning is a right, and schools no longer say the pledge of allegiance for fear of offending someone's rights, these words mean a lot. This is an affront to my beliefs as an American and I feel it should be required in all schools for all ages. As a society, we have drawn away from teaching our children about their rights and responsibilities as Americans. We concentrate more on learning about different cultures than the one we all have in common.

In my son's school, students learn about Cinco de Mayo and the Chinese New Year. They learn how to count and say the days of the week in Spanish. My son has not learned about the American Revolution, Flag day, or Memorial Day.

While I don't expect him to have a Ph.D. in American history at the age of five, I do expect him to have a sense of what our country represents. And while it is important to learn about other cultures, we are Americans first, regardless of our ethnic origin, and that should be emphasized to our children. There is such a thing as an "American Heritage" and it is something we all share. It should be taught in our schools at an early age and nurtured into adulthood.

The pledge of allegiance is a pledge to our country. It is not a pledge to an individual, or a certain political philosophy. If we teach our children to say the pledge at an early age, they will have a better chance of growing up appreciating our great country. It is through them that this country will remain strong. If we don't teach them to care for it, they won't.

John Wayne said: "This nation

is more than laws and government. It is an outlook, an attitude." What will be the attitude of our children toward America? Will it be one of pride and hope, or will they burn the flag in disgust and contribute nothing to her betterment? By virtue of our place of birth, our citizenship, we enjoy the freedoms and rights granted in the Constitution. We are the envy of the world. But with these luxuries come responsibilities. As Americans we need to shoulder these responsibilities in order to ensure future generations can enjoy the same privileges. To ensure our future, we need to act in the present. Carl Sandburg said: "Freedom is baffling. Men having it often know not that they have it until it is gone and they no longer have it." Make sure your child knows the pledge of allegiance and says it regularly. Once in awhile say it yourself, it feels good.

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The Writing of the Constitution

by Carolyn MacQuarrie

Early into the 1780's, it became evident that the fledgling republic was failing. George Washington had retired from active duty and returned to Mount Vernon where he watched Congress' attempts to govern with increasing alarm. He wrote despondently, "I predict the worst consequences...always moving on crutches and tottering at every step."

February 21, 1787 the call went out for a Constitutional Convention to be held in Philadelphia in May. It was called for "the Sole and express purpose of revising the Articles of Confederation." These were instructions the men who would assemble in Philadelphia had no intention of obeying. They determined to get to the heart of the problem which were the weaknesses in the Articles of Confederation themselves.

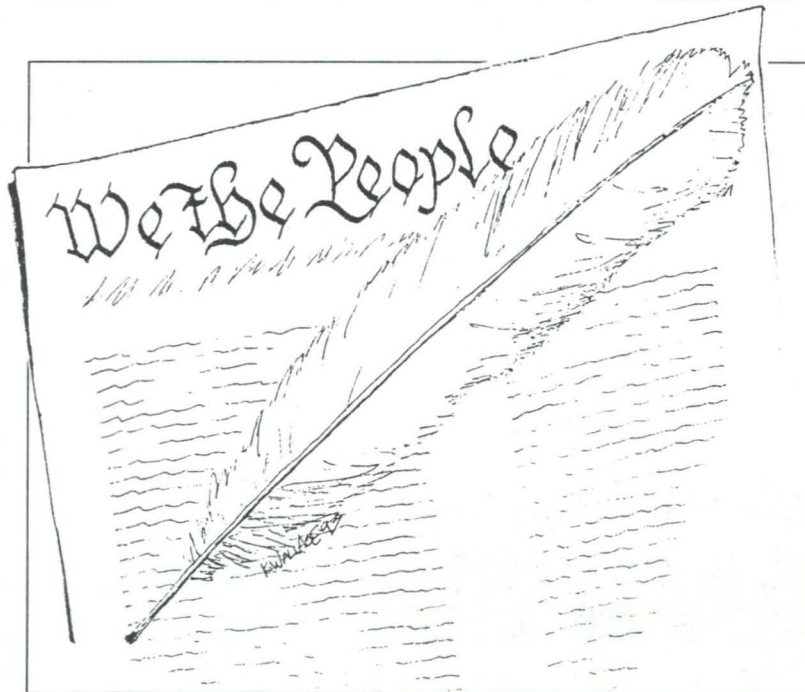
Most of the new Nations' leading statesmen gathered in Philadelphia the following May, having been appointed by their various states. George Washington had agreed, under pressure, to lead the Virginia delegation to the Convention. Ben Franklin, at eighty-one years of age, was present to represent the people of Pennsylvania. Able statesmen attended from every state, save Rhode Island, whose legislature chose not to send representatives. New York sent Alexander Hamilton, lawyer, writer, and the most committed Nationalist in the United States.

There were, however, two very

important men missing. Thomas Jefferson, the author of the Declaration of Independence was serving in Paris as ambassador to France and John Adams was in London as ambassador to an extremely aggravated England. These men were kept informed by friends at the Convention, but had no direct input

majority. The second was secrecy. Guards were placed on the doors and windows, press was kept far away, and members were forbidden to discuss what happened in the meetings. This last decision had the effect of making the country very uneasy. The delegates were bombarded with questions each time they appeared in public.

A venerable lady cornered Benjamin Franklin and asked him what manner of government the men were debating inside. She demanded to know whether they were planning a monarchy, or a Republic. "A Republic, Madam," answered the sage, "If we can keep it." Franklin was later cautioned by the Convention against giving information to the public.



to the document.

On May 25, the quorum of seven state delegates met in the East Room of the Pennsylvania State House. This was the same room in which the Declaration of Independence was signed, and the men present no doubt hoped the document they would write would be as successful. George Washington was unanimously elected presiding officer of the Convention, and took his seat at the front of the room. The Convention then passed two rules which were more controversial. The first was mutability, which meant that they could reconsider and revote any question already decided by a

The blueprint which became known as the Virginia Plan was introduced to the delegates only four days into the Convention. It was read by Edmund J. Randolph, Virginia's governor, but was actually the work of James Madison. Madison had drawn heavily on his knowledge of ancient Greece and the Republic of Rome as well as English Common Law for his ideas. Radically new and completely different from the existing Articles of Confederation, it established a strong central government with three branches.

The first was a bicameral (or two House) legislature with representation in both houses proportionate

"to the quotas of contributions or to the number of free inhabitants." Madison dealt with the fact that the new Republic would have no hereditary aristocracy to fill a House of Lords by calling the upper house the Senate. This adoption from the ancient Roman Republic sounded duly imposing. The second branch was a "National Executive" with veto power over acts of Congress. The third was a National Judiciary with a Supreme and lesser courts whose judges would hold office for life or during "good behavior." Once this plan had been proposed and was referred for discussion, there was no longer any question of going back to the Articles of Confederation. Madison keenly felt the lack of precedent. "We are in a wilderness without a single footstep to guide us," he wrote.

Compromises were made on all sides. The smaller states viewed the popularly elected legislature as giving all the power to the larger

one man so uniquely formed the power structure of a nation. The founding fathers seemed not to consider that finding a man of such virtues in every generation might prove difficult. The judicial branch of government was dealt with very briefly. They established one "Supreme Court" and such other courts as Congress might establish. The Court was given power to hear "all Cases, in Law and Equity, arising under this Constitution, the laws of the United States, and Treaties made under their authority." They were authorized to hear controversies between two states, or between a State and the citizen of another State.

Once the delegates had settled on the details, they sent the document to a Committee of Style. Gouverneur Morris is credited with the final "phraseology" of the document as we know it. He certainly wrote the rightly famous Preamble: *We the People of the United States, in order to form a more perfect*

fierce, Alexander Hamilton, James Madison, and John Jay collaborated on what remains the most detailed and profound exposition of the Constitution. It was written under the pseudonym "Publius" and published as letters in the New York newspapers. Published in book form as *The Federalist*, it was undoubtedly instrumental in achieving ratification.

In the first of his *Federalist* Letters, Alexander Hamilton observed, "It seems to have been reserved to the people of this country, by their conduct and example to decide the important question, whether societies of men are really capable of establishing good government from reflection or choice, or whether they are forever destined to depend for their political constitutions on accident and force." Our Constitution and the first ten amendments known as the Bill of Rights have served the country well for 205 years.

It is true that republics are notoriously hard to maintain. The D

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The Writing of the Constitution

by Carolyn MacQuarrie

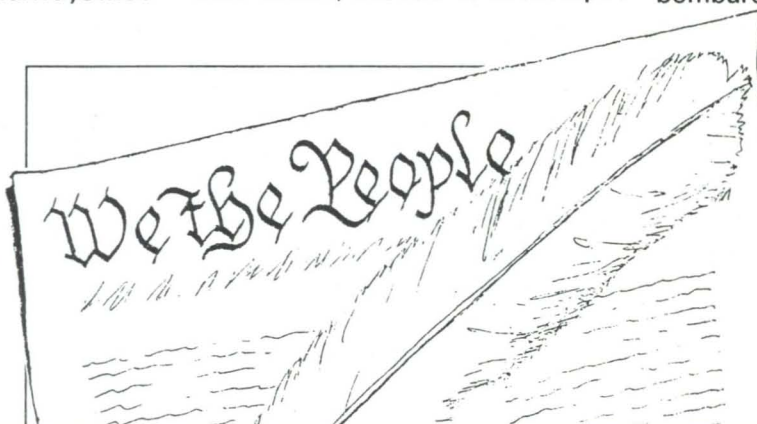
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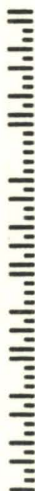


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alty, now known as Prudential Real Estate Affiliates, both of which have offices in the Washington area.

"We were thrilled," said P. Wesley Foster, Jr., president of Long & Foster, who attributed the strong ranking to good sales agents and an accomplished training department.

Several large national companies left readers more dissatisfied. Century 21, the largest brokerage firm in the country, won a 69 percent approval rating, while 68 percent of the readers surveyed who had sold their homes in the past four years were pleased with the performance of ERA Real Estate.

—Kirstin Downey

"to the quotas of contributions or to the number of free inhabitants." Madison dealt with the fact that the new Republic would have no hereditary aristocracy to fill a House of Lords by calling the upper house the Senate. This adoption from the ancient Roman Republic sounded duly imposing. The second branch was a "National Executive" with veto power over acts of Congress. The third was a National Judiciary with a Supreme and lesser courts whose judges would hold office for life or during "good behavior." Once this plan had been proposed and was referred for discussion, there was no longer any question of going back to the Articles of Confederation. Madison keenly felt the lack of precedent. "We are in a wilderness without a single footstep to guide us," he wrote.

Compromises were made on all sides. The smaller states viewed the popularly elected legislature as giving all the power to the larger states. After days of debate a compromise was proposed. Each state would have equal representation in the Senate, while the members of the lower house would be elected in accordance with population. The smaller states, having achieved a great victory, agreed at once.

Attention then turned to the executive. Hamilton and others were in favor of a single Chief Executive. Randolph of Virginia wanted a three-man executive to avoid the appearance of a monarchy. Hamilton gave an oration which lasted six hours and advocated a President for life and Senators who would hold office for life. This so unnerved the delegates that they adjourned and went home for the day.

The delegates voted in favor of a single executive mainly because there was no doubt in anyone's mind who the first chief executive would be. The powers of the Presidency were developed with the character of George Washington in mind. Never has the character of

one man so uniquely formed the power structure of a nation. The founding fathers seemed not to consider that finding a man of such virtues in every generation might prove difficult. The judicial branch of government was dealt with very briefly. They established one "Supreme Court" and such other courts as Congress might establish. The Court was given power to hear "all Cases, in Law and Equity, arising under this Constitution, the laws of the United States, and Treaties made under their authority." They were authorized to hear controversies between two states, or between a State and the citizen of another State.

Once the delegates had settled on the details, they sent the document to a Committee of Style. Gouverneur Morris is credited with the final "phraseology" of the document as we know it. He certainly wrote the rightly famous Preamble: *We the People of the United States, in order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defence, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, DO ordain and establish this Constitution for the United States of America.*

On September 17th, 1787 the Constitution of the United States was ready on the Convention floor. Benjamin Franklin rose and with great wit and humor encouraged the members to sign even if there were parts of the document which they did not like. Thirty-nine Americans affixed their signatures to the new Constitution of the United States.

The Constitution was then published and the people got their first look at what was to become, if ratified, their new form of government. It provoked a fierce debate between the "Federalists" those in favor of the Constitution and the "Anti-Federalists" or those opposed. In order to win favor in New York and Virginia where the battle was

fierce, Alexander Hamilton, James Madison, and John Jay collaborated on what remains the most detailed and profound exposition of the Constitution. It was written under the pseudonym "Publius" and published as letters in the New York newspapers. Published in book form as *The Federalist*, it was undoubtedly instrumental in achieving ratification.

In the first of his *Federalist* Letters, Alexander Hamilton observed, "It seems to have been reserved to the people of this country, by their conduct and example to decide the important question, whether societies of men are really capable of establishing good government from reflection or choice, or whether they are forever destined to depend for their political constitutions on accident and force." Our Constitution and the first ten amendments known as the Bill of Rights have served the country well for 205 years.

It is true that republics are notoriously hard to maintain. The Roman Republic failed when masses of Roman citizens voted for whichever politician offered them the most bread and gladiator games for free. The generals whose armies funded this massive spending by more and more conquests, eventually became disaffected, and seized power. The French, even with the American example before them, saw their Revolution degenerate into a bloodbath. Their first republic also ended in the accession to power of an Emperor. The United States now has the longest surviving Republic in the history of the world. Every election puts the test to the question of whether common people can elect wise and principled representatives to govern the republic or whether our experiment will degenerate into chaos. We must bear in mind the words of the wise man from Pennsylvania and remember that we have formed, *"A Republic, Madam, if we can keep it."*

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Why I Joined The Armed Forces

by Joie Brunger

"Women have as much responsibility as men to acknowledge and take responsibility for the blessings of their U.S. citizenships."

Among Supreme Court decisions most often cited in American history are those dealing with both the validation and eventual repeal of pervasive discriminatory practices: slavery, segregated schools and voting literacy ordinances. The one I will always remember was handed down in June 1981, just after I graduated from college. It exempted women -- me -- from the draft.

My mom and I were watching the news one evening when I heard the 30-second blurb: The U.S. Supreme Court ruled that it is constitutional to exempt women from the draft. I said off-handedly (and I remember this very clearly), "That's not fair." End of story -- except that my mother followed up, "So what?"

"So I think I ought to do something about it," I said.

"Like what?"

"Like join the military. How can I expect my kids to take responsibility for their rights if I haven't taken responsibility for mine?"

Although "kids" were relegated to some future life (marriage and family remained light years away), I had already started collecting children's books and had definite standards I hoped to instill in them.

I was young and idealistic and believed that even if all the world's wrongs couldn't be corrected, I could at least do my part to assert what was right. I had also just graduated from a small university where many of the students were quite happy to complain about this or that -- but



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who refused to spend an ounce of energy to fix the problem. I was sick of people who were all talk.

So the timing of the Supreme Court decision exempting women from the draft couldn't have been more opportune: it gave an idealistic, career seeking college graduate a mission: I would show the world that women could *and should* "protect and defend the constitution of the United States of America."

There was also a little bit of pride involved. My older brother was an engineer who, at 20 years old, had graduated with honors from Ohio State with an electrical engineering degree. Pure techno-nerd. He had given me no end of grief for wasting money, time and educational potential by declaring an English major. In his eyes, I spent my college years making myself slightly less useful to society than a slug. I could prove him wrong by becoming a commissioned officer in the armed forces.

The idea of being an officer also appealed to my sense of family history. My grandmother had been a 1st Class Navy yeoman in World War I, when women's uniforms allowed them enough arm movement to type and file. Earning a commission would be a kind of tribute to my grandmother, a symbol of how far women have advanced because of the intellect and skills of people like her.

But basically, I don't think I ever would have joined the Navy if I hadn't planned to raise children. I didn't want any hypocrisy from my past to give them an excuse to live differently from the way they think.

And someday, I expect the Supreme Court will overturn its decision that limited women's responsibility for their citizenship.

Note: Joie Brunger served on active duty for seven years and resigned her commission to begin a family. She is now happily married with a 2 year-old daughter and a son born the end of May.

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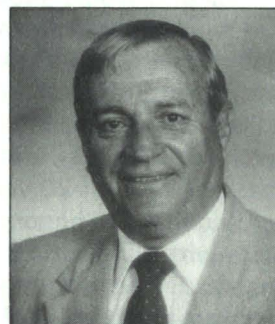
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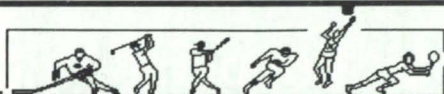
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OUTDOOR ACTIVITY GUIDE

Weekend Camping

by Paulla Estes

Many people find that once summer break is over, there is a mourning period, similar to the one following the Christmas Holidays. This is a natural reaction. After having worked non-stop for six months without so much as a week off, we are suddenly thrust into two weeks of freedom without work, studying, or deadlines.

There is a cure for this post-break depression; its called a weekend getaway. This will give you a small taste of the fun you had over break, and it can give you the push you need to get back into the study mode. The cheapest and most satisfying weekend break is to go camping. Cheap, because you can rent most of what you will

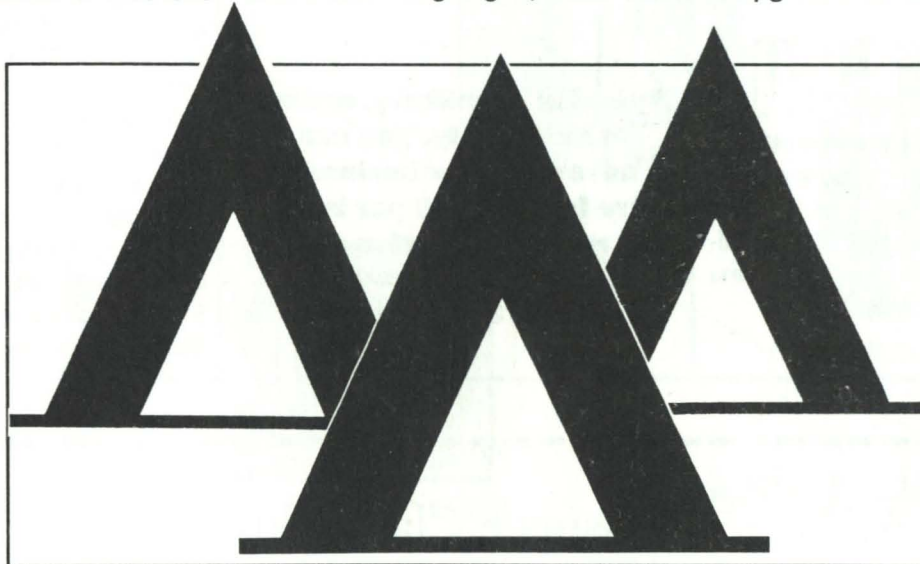
love the fresh air, sunshine, campfires, etc. Yosemite has campgrounds of all types, ranging from those with playgrounds, showers, and restaurants, to those you can only reach with a four-wheel-drive, with a creek for water and an outhouse if you're lucky. These are the nicest because they aren't crowded and the deer love them.

If you want to get away but aren't into roughing it, Lake San

you have indoor plumbing. Also, there are boat rentals, water skiing, fishing, and a convenience store.

For extensive information on camping and more than 50,000 sites for those of you with tents or campers, pick up a copy of California Camping by Tom Stienstra. It is available in all local bookstores and lists all the ins and outs, pros and cons, and secrets of any and every campground in California.

If you find yourself low on funds after summer break but want to at least experience the feeling of camping out, do something that'll make your neighbors think you're crazy. Set up a tent in the back yard (or front) and camp out with the kids.



need. Satisfying, because for a short time, you become part of nature. Big Sur, Lake San Antonio, and many other family campgrounds within just a couple of hours drive from here can make you feel like you're halfway around the world. If you want to brave the summer crowds, Yosemite is a piece of heaven that should be seen by all who come to California.

For many, camping seems to be a chore, more work than fun. But its all in your frame of mind. If you have toddlers or babies, true, you'll have more fun if you leave them at home, but older children (4 yrs. and up)

Antonio, just 80 miles south of Salinas has cabins on the lake renting from \$85.00. Here, you take your own bedding and food, but

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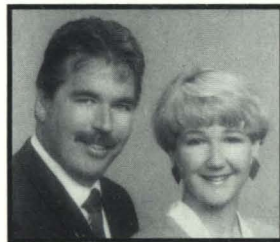
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